

Be Curious

- After they share, use a follow-up question to draw out more:
 - Tell me more? or Say more about that.
 - What's important about that for you?
 - What's challenging about that for you?
 - What comes up for you as you process that?
 - What is exciting for you about that?
 - Has this been something God has brought up before?
 - What do you think about that or How do you feel about that?

What Now?

- After they discover a new truth or gain new insight, ask “what now”:
 - What do you need to do about that?
 - What do you think Jesus wants you to do?
 - How will you respond to that?
 - What will you do with that?
 - What step could you take in the next few days?
 - How will you keep that in front of you?
 - What's your best sense of God's call and how are you responding to that?



The way we can BEST help people grow is not to TELL them what to think but help them land on answers by asking them good questions.

We call this *Be Curious*.

Normally, listening looks like this: Ask questions, listen to what the other person is saying for 5-10 seconds and then start formulating our response that typically has to do with us, our story and our 2 cents on what they should do next.

Instead: Ask a question, listen to what they are saying and be prayerful while listening. Listen for where they are wrestling, something to celebrate, or what might be the underlying belief or thought that has their focus right now. Then Ask a question that helps them explore more. Self-Discovery is the best tool. If they figure it out for themselves, they are more likely to own it and act on it.

Those questions could be:

- Tell me more? (Say more about that.)
- What's challenging about that?
- What comes up for you as you process that?
- What is exciting for you about that?
- What do you need to do about that?
- Has this been something God has brought up before?
- What do you think about that or how does that make you feel?
- What is your sense about why God could be bringing this up for you now?

Application Questions: Once someone has more clarity about why something is coming up for them then we can help them explore how they might move to applying what they are discovering. Application Questions helping them move from knowledge to taking practical steps to help bring about lasting transformation.

- What do you think Jesus wants you to do?
- What is your best sense of God's call and how are you responding to that?
- How will you respond to that?
- What do you need to do about that?
- What will you do with that?
- What is a step could you take in the next few days?
- What do you need to capture about what is coming up for you right now, so you can revisit this later (how will you keep that in front of you?)

Bonus: Learn to see when people have a lightbulb moment and then help them process:

******What do you need to capture about what is coming up for you right now, so you can revisit this later (how will you keep that in front of you?)

