



## 2021 GATEWAY RESTORE- PSYCHIATRY, THERAPY & COUNSELING REFERRALS

This document is an abbreviated list of potential counseling resources. This is not a comprehensive list of all of the counselors in the Austin Area. However, Gateway Restore does believe that the following lists of service providers are recommendable options to explore. If you would like to explore other faith-based counselors in the Austin area please visit [Christian Counselors of Texas](http://www.ChristianCounselorsOfTexas.org).

### LICENSED PSYCHIATRIC TREATMENT

DR. REX WIER	512-452-0109	General Psychiatry Specializes in Treating Young Adults with ADD & ADHD
THE TIMOTHY CENTER	<a href="mailto:support@timothycenter.com">support@timothycenter.com</a> 512-331-2700 <a href="http://www.timothycenter.com">www.timothycenter.com</a>	Psychiatric Medication Management

### FAMILY-TEEN-CHILD COUNSELING

CENTER FOR RELATIONAL CARE	<a href="mailto:info@relationalcare.org">info@relationalcare.org</a> 512-492-6200 <a href="http://www.relationalcare.org">www.relationalcare.org</a>	PAM ALLEN- Teen/Family Crisis & Transition KATIE COMPTON- Play Therapy ANDREA HENDERSON- Teen Anxiety MACKENZIE MEYER- Youth & Teen Grief & Trauma
THE TIMOTHY CENTER	<a href="mailto:support@timothycenter.com">support@timothycenter.com</a> 512-331-2700 <a href="http://www.timothycenter.com">www.timothycenter.com</a>	Jennifer Hicks- Youth & Teen Girls Pamela Berry: Adolescents & Children
ABUNDANT LIFE COUNSELING	<a href="http://Abundantlifecounseling.com">Abundantlifecounseling.com</a> 512-258-5100 North Austin	Casey West- Teens, Trauma, Bi-Polar, ADHD, Self-Harm, Carolyn Dixon- Parenting & Teens Rachelle Honohan- Play Therapy, Youth, Teens, Family Hannah Pitman-Children, adolescents with depression,m anxiety, adhd Regina Gray-Children & Teenagers with truama, anxiety
New Life Counseling Center	Newlifecounselingcenter.com 512-238-1700	Jessica Patterson- Blended Families Payton Sparks- Adolescents & Children Deborah Robertson- Family Counseling Hannah Pate- Children & adolescents
Whole Life Priorities	Wholelifepriorities.com 521-831-7676 ext 700	Michael Cox-Parent/Child Relationships
ANN McELHANEY	512-451-9907 North Austin	Family Teen & Youth Therapy
SAMARITAN CENTER	<a href="http://WWW.SAMARITAN-CENTER.ORG">WWW.SAMARITAN-CENTER.ORG</a> 512-451-7337	Difficulties with school, mood behaviors, substance abuse, Self-harm, suicidal thoughts, truama.

## PRE- MARITAL, MARRIAGE, SEX & RELATIONSHIP COUNSELING

CENTER FOR RELATIONAL CARE	<a href="mailto:info@relationalcare.org">info@relationalcare.org</a> 512-492-6200 <a href="http://www.relationalcare.org">www.relationalcare.org</a>	Noel Cho- Couples (speaks Mandarin)
CROSSROADS COUNSELING ASSOCIATES	512-346-9299 <a href="http://www.affairrecovery.com">www.affairrecovery.com</a>	Rick Reynolds- Leading Expert/Founder of Affair Recovery Leslie Hardie- Infidelity & Trauma John Mark Haney- Marital Sexual Dysfunction & Sex Addiction Wayne Baker- Conflict & Trauma, Pre-Martal Assessment
ABUNDANT LIFE COUNSELING CENTER	<a href="http://Abundantlifecounseling.com">Abundantlifecounseling.com</a> 512-258-5100 North Austin	Kerry Williamson- Certified Sex Therapist <a href="#">Carolyn Dixon</a> - Marriage, Divorce Recovery Michelle Johnson- Couples and those experiencing trauma Candice Reece- Certified Sex Therapist
SAM ADAMS	512-328 9700 <a href="https://drsamadamscounseling.com/">https://drsamadamscounseling.com/</a>	Marriage & Couples, Intimacy
THE TIMOTHY CENTER	<a href="mailto:support@timothycenter.com">support@timothycenter.com</a> 512-331-2700 <a href="http://www.timothycenter.com">www.timothycenter.com</a>	<a href="#">Paul Pope</a> - Couples, Intimacy, Conflict Resolution Michele Hake- Pre-Marital Assessment & Counseling Charles Yates- Pre-Marital Assessment & Counseling
MJ Denis	(512) 623-7463 (512) 346-9299	Sex Therapy, Sexual Addiction, Trauma and PTSD

## Truama Counseling

Kyle Miller	512-971-5003	Trauma and Abuse, Anxiety, Marriage, Depression, Conflict. General Mental health.
Kathleen Choe	<a href="https://www.kathleenchoe.com/">https://www.kathleenchoe.com/</a>	Eating Disorders, Abuse, Trauma: Equine Therapy, Marriage, Children, Individual.
CENTER FOR RELATIONAL CARE	<a href="mailto:info@relationalcare.org">info@relationalcare.org</a> 512-492-6200 <a href="http://www.relationalcare.org">www.relationalcare.org</a>	Pam Allen- Individuals & couples- PTSD, abuse, anxiety, relational issues. Andrea Henderson- Trauma

## PREGNANCY or ABORTION COUNSELING

AUSTIN LIFE CARE	<a href="mailto:info@austinflifecare.com">info@austinflifecare.com</a> 512-374-0055 Hotline 1-800-712-4357 <a href="http://www.austinflifecare.com">www.austinflifecare.com</a>	Unplanned Pregnancy, Miscarriage, Abortion Education from a Biblical Perspective, Parenting & Childbirth, Mentorship
------------------	--	--

## GENERAL COMPREHENSIVE & INDIVIDUAL COUNSELING

TIMOTHY CENTER	<a href="mailto:support@timothycenter.com">support@timothycenter.com</a> 512-331-2700 <a href="http://www.timothycenter.com">www.timothycenter.com</a>	In-person, group and online counseling services
DARRELL RAGLAND	866-495-1886 <a href="https://www.pflugervillecounselingcenter.com/">https://www.pflugervillecounselingcenter.com/</a>	Pain, Fear & Anxiety, Narrative Therapy, Tuesday Night Men's Process Group
Abundant Life Counseling	<a href="http://Abundantlifecounseling.com">Abundantlifecounseling.com</a> 512-258-5100 North Austin	Grace Yeh- Young mothers experiencing postpartum issues
NEW LIFE COUNSELING CENTER	512-238-1700 <a href="http://www.newlifecounselingcenter.com">www.newlifecounselingcenter.com</a>	Affordable, Comprehensive from children to senior citizens
MERRY ANDERSON	<a href="mailto:merry@wellspring-austin.com">merry@wellspring-austin.com</a> 512-659-1256 <a href="http://www.wellspring-austin.com">www.wellspring-austin.com</a>	Adults, Self-Esteem, Vocational & Career Issues, Spiritual Growth
SAMARITAN CENTER	512-451-7337 Crisis Hotline: 1-800-273-TALK <a href="http://samaritan-center.org">samaritan-center.org</a>	Low-Income Rates, Accepts Uninsured Patients, Veterans, Comprehensive from children to senior citizens
CHRIS THURMAN	<a href="mailto:drchristhurman@gmail.com">drchristhurman@gmail.com</a> (512) 327-8804 <a href="http://www.drchristhurman.com">www.drchristhurman.com</a>	Bonding, Boundaries, Identity, Loss, Balance, Bereavement,
JOHN MAREK	512-258-3421	Adults, Relational Conflict
JUNE WILLIAMS	<a href="mailto:june.k.williams@gmail.com">june.k.williams@gmail.com</a> (512) 200-2956 <a href="http://www.balancementalhealthcounseling.com">www.balancementalhealthcounseling.com</a>	Adults, Women's Issues, Body Image, Prenatal & Postpartum, Couples Intensive

## Veterans

SAMARITAN CENTER	<a href="https://samaritan-center.org">https://samaritan-center.org</a> 512-451-7337	Counseling and acupuncturists help with: PTSD, anxiety, depression, insomnia, chronic pain.
------------------	---	---


## **CRISIS & EMERGENCY HELP**

If you or someone you love is experiencing an emotional or mental crisis that puts anyone in imminent danger, emergency care is available 27/7: Texas MHMR Helpline- 512-472-4357 or 911

## **COUNSELING CENTERS**

<b>Center</b>	<b>Website</b>	<b>Office Phone</b>
ABUNDANT LIFE COUNSELING		
THE TIMOTHY CENTER		
CENTER FOR RELATIONAL CARE		
New Life Counseling Center		