



Simple Ways to Talk with Your Child about Faith.





It happens each Sunday. Your child runs out of their church classroom telling you everything they learned that day, even reciting the Bible memory verse verbatim! You smile. You are impressed. You are dreaming.

As much as we would love for this to be true, we are hit with the reality that sometimes kids don't know how to talk about what they learn on Sunday or about faith. And let's be honest, as parents, sometimes we don't know as well.

To help us navigate those conversations, here are a few simple ways to talk to your child about faith and God.

1. Learn to ask open-ended questions about your child's faith

You can probably count on one hand every time your child gave you more than a one word answer to a question you had about their spiritual journey.

And a lot of times it's not that they don't want to answer, they just don't know how. So instead of asking open-ended questions, start asking questions that are thought provoking and engaging. What bible story did you learn about today? What activity or craft was your favorite and why? Why do you think what you learned today was important?

By asking these types of questions, kids will not only see their importance but also how what they learn on a Sunday morning fits into their daily lives.

2. Share with your kids how God is active (or how you are seeking God) in your life.

Kids loves a good story. And what better story than to hear about your relationship with God. Jesus was an amazing story-teller. He used parables to teach truth. There is power in a story...and your kids need to know yours and how you are trying to learn from the Greatest Teacher to be a better person.





3. Be intentional with the time you are spending with your kids

When it comes to talking to your kids about what they are learning on a Sunday morning, one thing to remember is that what they are learning shouldn't end once they walk out our doors. Establishing quality moments with your kids will help them see faith in action and understand even more why it's so important. Here are a few things you can do as a family to develop a deeper faith together:

Develop an intentional devotional time

Life is busy. Creating intentional time together will not only help kids see their need to spend time with God, but it will also help them see that you value them and want to spend time with them.

Discuss prayer requests and include your own

This is an amazing opportunity to practice James 5:16 with your kids. It will provide a safe space to share what might be upsetting them, but also take ownership to pray for you as well.

Memorize scripture together as a family

There is great power in being able to recite a Bible verse when your child is in need of an encouraging word. By memorizing scripture together, it establishes its importance as a family, and you can find creative ways to do it together!

4. At dinner, ask everyone to share what they are thankful for today

How many times a day did you have to remind your child to say thank you? And sometimes they don't even really know what they are thankful for. Now you can create a time and space for them to share what they are most thankful for!

Serve together as a family

Whether it's with your church or on your own, serving together can create special moments with your kids and allows them to see how God has uniquely gifted them.

Put on some music and have a time of worship at home

It's a beautiful picture when a family can worship God for all He has done for them.

Turn off all devices and learn how to solitude as a family

Turn off my devices? Whaaaa?!? In a world where shutting things down (including our brains) is growing increasingly more difficult, God's design for us is to find moments of rest. When you spend time in solitude, you can more easily connect with God and His love for you. Teaching our kids how to have a time of solitude gives them the freedom to stop and rest.





HOW CAN WE SUPPORT YOU AND YOUR FAMILY?

We know being a parent is one of the hardest jobs on the planet, but it's also the greatest thing you will ever do.

We know your job isn't always easy, but here's what we want you to know: we're here to help in any way we can. We may be a kid's ministry, but that doesn't mean kids are the only people we care about. We care about you too!

Let your Kids Coordinator know how we can best support you as a family!

