



Hello, My Name Is Patience

September 6th, 2026

Discussion Questions

Think about the last few days. Where did your impatience show up most — with God, with someone else, or with yourself? What did that moment actually look like?

Read 2 Peter 3:8-9 together.

"But do not forget this one thing, dear friends: With the Lord a day is like a thousand years, and a thousand years are like a day. The Lord is not slow in keeping his promise, as some understand slowness. Instead, he is patient with you, not wanting anyone to perish, but everyone to come to repentance."

Make some observations about this passage (What does the text say?):

- What do you notice, and what are you curious about?

Make some interpretations (What does the passage mean?):

- What do you learn about God?
- What do you learn about humanity?
- **Peter says God isn't slow, He's patient. What's the difference between those two words, and why does it matter?**

Now make some applications (What's my response?):

- How are you encouraged, challenged, or convicted by this passage?
- What should be our response to this passage?

Anger is often a secondary emotion — the smoke, not the fire. **Read Genesis 4:6-7**, where God asks Cain, "Why are you angry?" before Cain does anything. What tends to be the real fire underneath your anger (rejection, comparison, feeling unseen, fear, grief)?

Read Isaiah 40:29-31. The order is soar, then run, then walk — the daily, unremarkable faithfulness is actually the hardest form of strength. Where do you need to trade "waiting on God" for actively growing while you wait — serving, staying in His word, staying in community?

Scripture

Exodus 34:6-7 · Psalm 145:8-9 · 2 Peter 3:8-9 · Genesis 4:6-7 · Jonah 4:1-4 · James 1:19-20 ·
Ephesians 4:26 · Isaiah 40:29-31 · 1 Timothy 1:15-16

Prayer

- Thank God for a specific way His patience has shown up in your life or story.
- Confess one area of impatience — with God, with a person, or with yourself — that you named tonight.
- Ask God to reveal what's really underneath your anger or impatience in that area, and to give you time to turn.
- Pray for endurance for anyone in the group who is in a long wait right now (health, relationship, provision, calling).
- Ask God to help you "walk" faithfully this week — the ordinary, unremarkable obedience — trusting He's building strength in the waiting.

Practice (Step Out)

- This week, when you feel a flash of anger or impatience, pause and ask yourself, "What's really underneath this?" before you react. Journal or text a group member what you find.
- Pick one person or situation you've been impatient with and extend a concrete act of patience toward them this week — a call, a note, or simply not rushing them.
- Identify one long wait in your life right now and choose one "walk" habit to stay faithful in it this week — showing up to a group gathering, serving on a team, or a set time in Scripture — and share how it went next time you meet.